

## Welcome to the Fast Track Your Dream Community

# Where Do You Begin?

When you first opened the box you probably felt a few things... excitement, anticipation, perhaps even a bit overwhelmed. Don't worry. I'm going to give you some pointers about where to begin the exciting journey of fast tracking your dream.

One way to make the transition from having a boss to being your own boss is to ask yourself: *What do I most need to "find?"* Is it... Your calling... Courage... Confidence... Support... Money... Time... Information... All of the above? For those who prefer a roadmap, use this booklet to guide you.

If you're more of the "wing it" type or perhaps aren't sure what it is you need to "find," that's okay too. Just find any resource that speaks to you and start there. Trust me, it will all come together.

However you choose to begin, remember this: As you embark on this exciting journey to a whole new life of your own creation, be sure to enjoy the ride! Because as the German poet Goethe said, "Nothing is worth more than this day."

To your dreams.

## If You Need to Find Your Calling...

- Read and complete the exercises in *Finding Your True Calling*
- Read and do the exercises in Step 3 of *The 10 Steps to Escaping the Job World*
- To jumpstart your thinking read the printed or online version of *The Idea Jogger* at **FastTrackHeadquarters.com**
- Listen to the CD "*Making Dreams Happen*" Moments
- Listen to the CD *Turning Interests into Income*
- Listen to the *Inspired Entrepreneurs* CDs to see how other entrepreneurs found their calling
- Log into **FastTrackHeadquarters.com** to learn about and register for upcoming Teleclasses

## If You Need to Find Ideas on How to Turn Your Interests into Income...

- Read the "Opportunity Knocks" sections of *The Idea Jogger*
- Listen to the CD and/or read and do the exercises in Steps 2, 3, and 5 of *The 10 Steps to Escaping the Job World*
- Listen to the CD *Turning Interests into Income*
- Listen to *Inspired Entrepreneurs* CDs for ideas from other entrepreneurs
- Log into **FastTrackHeadquarters.com** and listen to recordings of the "Turning Interests into Income" Teleclass and the Monthly Dream Makers Teleclass series
- Log into **FastTrackHeadquarters.com** to learn about and register for upcoming Teleclasses
- Log into **FastTrackHeadquarters.com** to connect with fellow members at the Fast Track Q & A Forum

## If You Need to Find Courage or Confidence...

- Read the book *Yes You Can*
- Read and do the exercises in Steps 1, 2, and 4 of *The 10 Steps to Escaping the Job World*
- Read the "Success Stories" in *The Idea Jogger*
- Read the book and/or listen to the CD *How to Feel as Bright and Capable as Everyone Seems to Think You Are*
- Listen to the CD "Making Dreams Happen" Moments
- Listen to the *Inspired Entrepreneurs* CDs for inspiration
- Listen to the CD *The 10 Biggest Dream Busters*
- Log into **FastTrackHeadquarters.com** to connect with fellow members at the Fast Track Discussion Forum
- Read and reflect on your Daily Inspirational Nudge (Note: Sign up to receive yours at **FastTrackHeadquarters.com**)

## If You Need to Find Information About Starting a Small Business, Marketing, or Self-Employment...

- Listen to the CD and/or read and do the exercises in Steps 5, 6, and 7 of *The 10 Steps to Escaping the Job World*
- Listen to the *Inspired Entrepreneurs* CD set for ideas on where to find information and on getting started
- Read the printed or online version of *The Idea Jogger* (available at **FastTrackHeadquarters.com**) for some passion-specific information. If your interests lie elsewhere then read it for ideas about ways to gather information about the interests you do have
- Read the *Quick Start Business Start Up Guide* available at **FastTrackHeadquarters.com**
- Log into **FastTrackHeadquarters.com** to listen to the recording of the Teleclass on *Marketing for New Entrepreneurs*
- Log into **FastTrackHeadquarters.com** to connect with fellow members at the Fast Track Discussion Forum

## If You Need to Find Time or Money...

- Listen to the CD and/or read and do the exercises in Steps, 5, 6, and 7 of *The 10 Steps to Escaping the Job World*

Log into **FastTrackHeadquarters.com** to:

- Listen to the Teleclass recording *There Has to Be More to Life Than This: Finding the Money, Time, and Courage to Quit Your Job and Get a Life*
- Read the *Money Matters e-Tips*
- Connect with fellow members at the Fast Track Discussion Forum

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*There are people who have money and there are people who are rich.* Coco Channel

## If You Need to Find Support

- Listen to and/or read and do the exercises in Step 8 of *The 10 Steps to Escaping the Job World*
- Log into **FastTrackHeadquarters.com** to connect with fellow Fast Track member. And remember, the best way to get someone to support your dream is to support theirs. So be sure to *offer* support as well.
- Read and reflect on your Daily Inspirational Nudge

## At “Fast Track Headquarters”

The “headquarters” for the Fast Track Your Dream Community is the password protected **FastTrackHeadquarters.com**. That’s where you’ll find:

- Downloadable versions of *Finding Your True Calling, Yes You Can, The 10 Steps to Escaping the Job World, How to Feel as Bright and Capable as Everyone Seems to Think You Are, and The Idea Jogger*
- Online Resource Guides: *The Idea Jogger* and *Quick Launch Business Start-Up*
- Upcoming Teleclass schedule and information on how to register
- Downloadable recordings of all previous Teleclasses and future Teleclasses following each session
- Fast Track Q & A Forum ”
- Sign up form for the Daily Inspirational Nudge  
(NOTE: You must sign up to receive this)

## Resources at ChangingCourse.com

- “Ask the Expert” audios in the Workshops & Teleclasses section
- The “Cool Jobs” section with reviews of work from home jobs
- Listings of Recommended Workshops and Teleclasses
- The 23,000 dreamer-strong Changing Course Newsletter

